



PREPARING FOR ADULTHOOD

DREAMS & ASPIRATIONS

2021 - 2022



Horizons Specialist Academy Trust
Providing infinite opportunities



**Abbey Hill
Academy**

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Information:

Information is correct at the time of publication in May 2021.

Further information about the Academy is available on the school website

www.abbeyhill.horizontrust.org.uk

PREPARING FOR ADULTHOOD: DREAMS AND ASPIRATIONS

You are about to make some important decisions. At the start of Year 10 you begin the courses that will result in you gaining your first set of qualifications. These qualifications will then help you move onto your next step towards achieving your DREAMS and ASPIRATIONS; PREPARING YOU FOR ADULTHOOD.

Abbey Hill Academy wants you to leave Year 11 with the best set of qualifications you could ever hope for and we will work together to help you achieve them in a range of subject areas that you love. This is the first stage in that process; helping you choose the right subjects. It is important you get these decisions right and that is why we believe that we should make these choices together.

What subjects do I have to take?

The subjects that everyone studies over two years in Key Stage 4 are called CORE subjects. These are:

| | |
|--|---|
| ENGLISH | English Entry Level |
| MATHEMATICS | Mathematics Entry Level |
| SCIENCE | Science Entry Level |
| ART | Art Entry Level |
| PHYSICAL EDUCATION (PE) | PE Entry Level |
| ICT | ICT Entry Level |
| PERSONAL, SOCIAL AND HEALTH EDUCATION (PSHE) | Personal Planning and Development Entry Level |

Please note: All of you will be working towards an accreditation that meets your needs and expected progress. Entry Level may not be appropriate for everyone so you may follow an alternative accreditation pathway that meets your specific requirements.

Do I get a choice of what I do?

YES, but there are some simple GUIDELINES that you must follow to make sure you choose option subjects that are the right ones for you.

How many choices do I have?

You need to choose **TWO** option subjects each year in Key Stage 4. You will need to choose a Tuesday option and a Thursday option. You will be asked to make a reserve choice just in case for each option.

What are the GUIDELINES?

We have learnt a lot by listening to what previous students and parents have said to us about our option choices. Therefore, we have picked a range of vocational subjects and we will help guide you along a pathway to make sure you follow courses that will get you the best results possible for you and your future.

Where can I get more information, advice and guidance?

We have planned a lot of help for you:

- This booklet for all of the information you need.
- Time to discuss options with your tutor over the phone.
- A phone consultation with a Youth Directions advisor can be arranged.

You have until **Monday 7th June 2021** to make up your mind, so don't rush into making your decisions - talk about it with your parents and your tutor. Then, when you have decided, complete the options form, get it checked and signed by your parent, then return it to us in the stamped envelope provided.

Then what?

We will then go through all the forms to make sure they have been completed properly. Then everyone's choices will be fed into the computer.

Does everyone get what they wanted?

We make every effort to make everyone's choices fit. However, this is sometimes not possible, either because the combinations will not fit into the timetable or, because not enough people have chosen a subject for it to run. That is why we ask you to make a reserve choice, which we will use if we have to.

Is there anything else I need to know?

We have based this booklet on the most up-to-date information available at the time of writing but we reserve the right to change as, and when appropriate. Any changes will be in the best interests of our students. And don't worry; we will let you know if we have to change anything.

NEW for 2021/22!

Your exciting option courses in September 2021 offer a wide range of opportunity and vocational experience. Grading will be based on:

- Entry Level 1 Pathway
- Entry Level 2 Pathway
- Entry Level 3 Pathway

Over the next two years, the aim will be for you to gain enough credits from your option subjects for a **DIPLOMA IN SKILLS FOR FUTURE LEARNING AND EMPLOYMENT (SFLE)**. This is an Open Awards Qualification. You can find out more at www.openawards.org.uk

Each option subject will be hoping to help you achieve 5 credits or more.

All the credits that you achieve over the two-year period are added together from your 4 option choices and your PHSE sessions to make 37+ credits, which will gain you accreditation at Diploma level.

We know that as an Academy, we are offering you the best suite of qualifications to PREPARE YOU FOR ADULTHOOD and we have also listened to your DREAMS and ASPIRATIONS. We know you are going to enjoy this year's Key Stage 4 options subjects and gain valuable knowledge and skills that will stay with you and benefit you forever.



SUPPORT AND GUIDANCE

You are not alone if you find the idea of making your choices a bit scary, but it is actually your opportunity to take control of your education and shape the way you want your future to be.

The options you choose for Years 10 and 11 will affect how you spend your time in the Academy for the next couple of years. The choices you make also influence what course or job to decide to do in the future as you become an adult.

You can speak to your tutor by phone at the Academy to help you make an informed decision. Your parents will be a great source of support too because they know everything about you.

Academy Careers Education, Information, Advice & Guidance

CEAIG helps young people to become more independent and to be able to manage their personal and career development, including learning.

The members of staff in school who support with CEIAG are:

- Melissa Fisher
- Lynsey Thornton
- Steve Cropper

External Support

Youth Direction is a borough wide support service that will provide advice and guidance to help you make choices for the future.

Telephone: 01642 677600

Address: Youth Direction One Stop Shop, 16 Church Road, Stockton-on-Tees, TS181TX.

Email: youthdirection@stockton.gov.uk



CORE SUBJECTS

- English
- Mathematics
- Science
- Art
- Physical Education (PE)
- ICT
- Personal, Social and Health Education (PSHE)

QUALIFICATION: Step up to **English** AQA Silver or Gold Entry Level (2yr course)

What will I learn?

Step up to English is based on the criteria for the new GCSE English Language course. It concentrates on the 3 main elements: Reading, Writing, Speaking and Listening.

Reading and comprehension: Identifying and interpreting themes, ideas and information in literature and other writing; reading in different ways for different purposes and comparing and evaluating content for these purposes; drawing inferences; expressing a point of view sometimes supported by evidence; commenting on writer's choice of vocabulary and form as well as grammatical and structural features; identifying similarities and differences between two texts.

Writing: Writing for different purposes and audiences; to describe, narrate, explain, instruct, give and respond to information, and argue; selecting vocabulary, grammar, form and structural and organisational features to reflect audience, purpose and context; using language imaginatively and creatively; using information provided by others to write in different forms; maintaining a consistent point of view; maintaining coherence and consistency across a text; selecting, organising and emphasising facts, ideas and key points; creating emotional impact; using language creatively, imaginatively and persuasively.

Speaking and Listening: Selecting and organising information and ideas effectively and persuasively for prepared spoken presentations; planning effectively for different purposes and audiences; making presentations and speeches; listening to and responding appropriately to any questions and feedback; expressing ideas using Standard English whenever and wherever appropriate.

What activities will I do?

You will follow a course of study which will encourage you to use your imagination and to develop a variety of writing styles. You will be encouraged to read a variety of texts for example a leaflet, a magazine article or a web page.

How will I be assessed?

You will be assessed using three AQA externally set papers. These can be completed at any point in the course.

QUALIFICATION: AQA Mathematics Entry Level (2yr course)

What will I study?

The maths we learn builds basic, relevant skills that give you the chance to build your confidence by achieving a recognised maths qualification. It can also work as a first step towards achieving a GCSE.

Throughout Year 10 and 11 you will study 8 different components that make up the qualification:

1. Properties of Number
2. The Four Operations
3. Ratio
4. Money
5. Calendar and Time
6. Measures
7. Geometry
8. Statistics

What activities will I do?

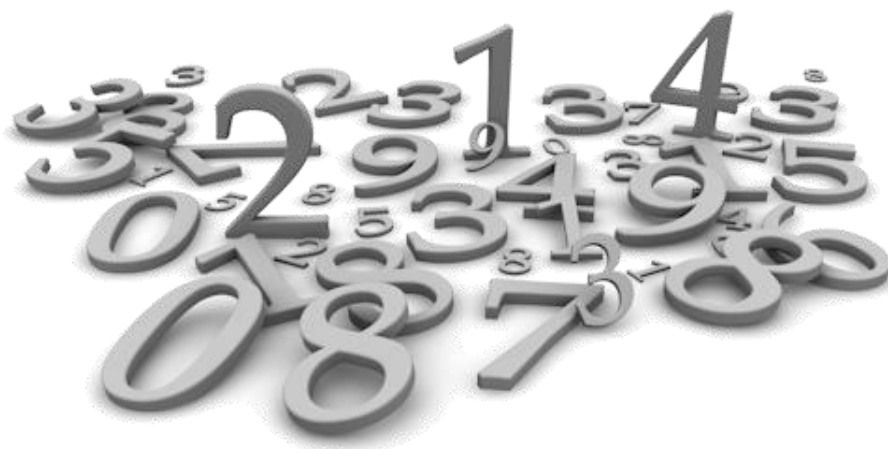
Classroom based lessons and research lessons, which include different styles of learning. Internet maths based software, maths games, maths videos / clips, power points, worksheets, class exercises, demonstrations, practical work, observations, and more.

How will I be assessed?

Each of the 8 components are assessed individually. Assessment is both internal and external.

Internal - through, work in class, through exercise books, taking photos of work and other ways of recording achievement

External – through exam papers that are taken after students have been taught specific components.



QUALIFICATION: AQA Science Entry Level (2yr course)

Your aim is to achieve an Entry Level Certificate in Science during Key Stage 4. You will commence study of the Entry Level Certificate in the summer term of year 9 with the topic “The Human Body”. Over the course of year 10, you will complete the single award units, with some of you going on to complete and achieve a Dual Award Entry Level in Science by the end of year 11. A few of you, who are expected to achieve high Entry Level 3 in the single award by the end of year 10, will look to commence GCSE preparation during year 11.

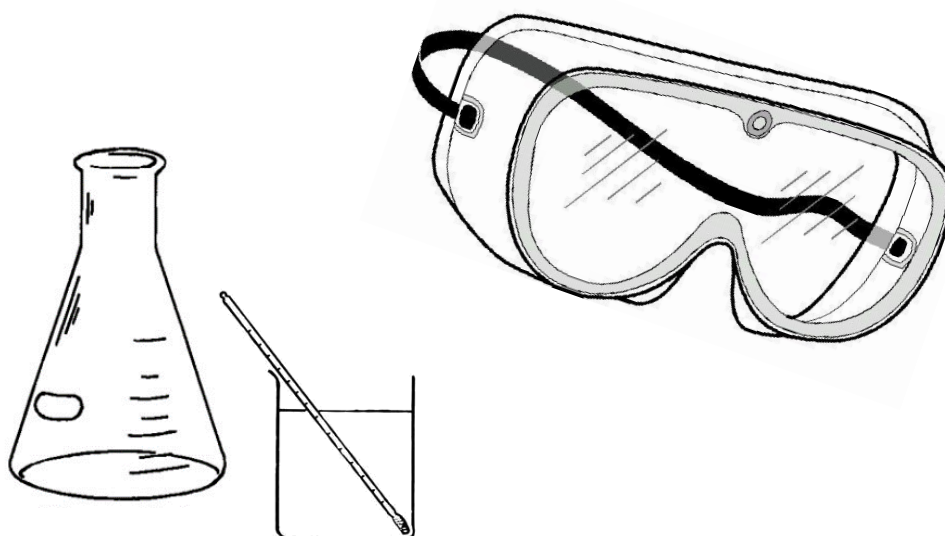
For those of you who would find the Entry Level Certificate too much of a challenge a more vocational scheme of work will be taught; aimed to prepare you to access the single award Entry Level in year 11 or prepare you for future vocational courses post 16.

What activities will I do?

You will complete a mixture of paper based and practical activities aimed to engage you in the development of key scientific skills and knowledge.

How will I be assessed?

Assessment within science will be in the form of assessed pieces of practical work and end of topic tests taken over the course of the 2 years.



QUALIFICATION: Art Entry Level (2yr course)

What will I learn?

Students will:

- study a range of artists, reflect upon the styles and materials used by those artists and use that inspiration to create their own pieces of artwork.
- create a sketchbook of research and ideas.
- create a portfolio of work demonstrating the artistic journey followed.



What activities will I do?

You will be asked to use a range of media and tools within art, learning new and exciting techniques. At the end of each piece you will complete an evaluation and review your own work.

How will I be assessed?

Final assessment will be through the collation of a portfolio of work and your personal sketchbook.

QUALIFICATION: OCR Physical Education (PE) Entry Level (2yr course)

What will I learn?

Throughout Key Stage 4, you will be completing a qualification in OCR Entry Level PE. In lessons, you will be covering a range of sports including basketball, football, rounders, handball, cricket, boccia and athletics.

What activities will I do?

You will take part in a wide range of sports in a range of contexts. We want you to experience as much as possible so you can then make an informed decision on the sport or sports you wish to continue to pursue into adulthood.

How will I be assessed?

Your highest scores from 4 different sports will be assessed along with your ability to analyse a sports performance. If you take part in sports outside of school, with video evidence, this can also be used as part of your final assessment. Students last year submitted video evidence from sports such as boxing, trampolining and dance. We can also use your participation in after school sports clubs, family holidays and other school options to assess the range of sports you participate in, including sports such as horse riding, karate and skiing.

QUALIFICATION: Edexcel Functional Skills ICT Entry Level (2yr course)

What will I learn?

- How to use ICT
- How to find and select information
- How to present and communicate information in a range of ways using ICT

What activities will I do?

- Use software application and interface features
- Tasks related to Microsoft Office
- Create information for a range of audiences
- Check the accuracy of information

How will I be assessed?

This is an internally assessed course. Each of the 3 Entry Level exams are on-demand exams that require you to carry out specific tasks using familiar computer software.



QUALIFICATION: Open Award Certificate in Personal Planning and Development Entry Level
(2yr course) **PSHE**

What will I learn?

As part of your PSHE programme you will complete a range of units towards the Open Award Certificate in Skills for Further Learning and Employment. These skills will help you understand yourself better as you develop into an adult. It is not easy being a teenager and this qualification will support you on your journey to becoming a self-aware, responsible and positive adult

You will learn a range of interpersonal skills:

- Listening and responding
- Communicating with others
- Following instructions
- Building positive relationships
- Developing assertiveness
- Anger management
- Building self-esteem and confidence

You will also spend time looking at career options, preparing for work, applying for jobs and courses, taking part in practise interviews, developing enterprise skills and using public transport.

The qualification will be totally personalised for each individual student taking account of their specific needs and aspirations.

What activities will I do?

You will take part in role play, team games, individual tasks, speaking and listening activities and a range of other planned sessions to offer you new experiences that enhance learning.

How will I be assessed?

You will complete a number of assessment tasks that will build credits towards your certificate. These tasks can be evidenced in a number of ways:

- Photographic evidence
- Transcripts
- Worksheets
- Video
- Witness statements
- Peer statements
- Question and answer records

OPTION SUBJECTS

All these subjects will credit the **Diploma in Skills for Further Learning and Employment (SFLE)** at Entry Level 1, 2 or 3 depending on your pathway:

- **Adventure**
- **Computing**
- **Food, Drink and Hospitality**
- **Hair and Beauty**
- **Performing Arts**
- **Photography**
- **Product Design**
- **Sport, Health and Fitness**
- **Land based studies**



ADVENTURE

What will I learn?

- How to take full advantage of being outdoors
- How to take controlled risks
- How to push your limits

What activities will I do?

- Mountain biking
- Walking
- Climbing and bouldering
- Bushcraft

Is this course right for me?

- Yes, if you are prepared to challenge yourself
- Yes, if you like to be outdoors in all weathers
- Yes, if you can work as a team
- Yes, if you are prepared to lead activities in a safe and controlled manner

Where will it lead?

- Jobs in the leisure industry
- Specific outdoor activity instructor training qualifications
- Jobs in retail



What will I learn?

- How to use a range of computing key terms
- Career opportunities for people with strong IT skills
- IT solutions to apply to different scenarios

What activities will I do?

- Build, apply and extend software skills
- Find out how technology is used by different users
- Use emerging technologies for a specific purpose
- Consider how to respond to a range of computing problems
- Use own experiences to consider computer game design

Is this course for me?

- Yes, if you are passionate about new technologies
- Yes, if you interested in learning new, innovative computing skills
- Yes, if you want to carry out your own projects using technology and software

Where will it lead?

- Jobs in ICT related fields
- Work in administration
- Internet based business opportunities
- Further qualifications specific to ICT development



What will I learn?

- How to use a digital camera correctly
- How to upload images from camera to PC
- How to build a portfolio of work using digital media
- How to digitally enhance images and photographs taken

What activities will I do?

- Visit local places of interest
- Take digital photos
- Use digital media programmes to edit and enhance images taken
- Build, review and evaluate your portfolio
- Class discussions and peer assessment

Is this course for me?

- Yes, if you have an interest in photography and using a camera
- Yes, if you like being creative and enjoy using digital media
- Yes, if you can work on your own and also as part of a team
- Yes, if you would enjoy visiting places of interest in the local area and taking photographs

Where will it lead?

- Work in the ICT industry
- Further art and design qualifications
- Work in news and reporting



What will I learn?

- A range of cooking techniques
- How to plan a meal
- How to cook on a budget
- How to prepare balanced meals
- How to prepare dishes for other people as well as yourself
- How to follow a recipe
- How to modify a recipe to suit your own taste



What activities will I do?

- Taste testing activities
- Prepare a range of ingredients
- Cook a range of foods
- Select and, where appropriate modify recipes to suit your taste
- Prepare shopping lists
- Calculate food costs

Is this course for me?

- Yes, if you enjoy learning about ingredients and foods
- Yes, if you would like to develop your cookery skills
- Yes, if you are interested in planning and preparing balanced meals

Where will it lead?

- Work in the hospitality and catering industries
- Further food hygiene and cookery qualifications



What will I learn?

You will learn about the beauty industry.

- Hair and make-up techniques
- Personal care and customer service

You will learn how to take care of your own appearance and health.

- Personal hygiene and self-care
- Daily routines

You will learn about design and how to use colour in a creative way.

- Creating new looks
- Considering the personal features of a client
- How to highlight our strengths
- Self confidence

What activities will I do?

- Visit local businesses
- Prepare the salon
- Practice new techniques on each other
- Offer a salon service to friends and family
- Practice all aspects of customer care

Is this course for me?

- Yes, if you love working with people
- Yes, if you are creative
- Yes, if you pay attention to detail and take pride in your work
- Yes, if you appreciate the beauty in everyone
- Yes, if you enjoy conversation
- Yes, if you are organised and hardworking

Where will it lead?

- Jobs in the hair and beauty sector
- Work in local leisure facilities
- Jobs that rely on good customer service
- Further qualifications in specific hair or beauty related skills



PERFORMING ARTS

What will I learn?

- How to appreciate music
- How to improve your singing
- How to be a confident performer
- Dramatic skills
- How to put on a show

What activities will I do?

- Playing musical instruments
- Singing
- Drama
- Rehearsing and performing
- Confidence building activities



Is this course for me?

- Yes, if you enjoy acting and singing
- Yes, if you enjoy learning new skills
- Yes, if you enjoy performing with your friends
- Yes, if you enjoy learning how to be a more confident person

Where will it lead?

- Jobs in local leisure facilities
- Work in local theatres and music venues
- Links to amateur dramatics
- Further drama and music qualifications



What will I learn?

Our Academy workshop is equipped with a range of tools and equipment for wood, metals and plastic. There are four work benches, fitted with vices and two technology benches to support additional activities. You will learn how to use a range of tools and equipment which can help you to create a product using a range of materials. You will gain knowledge, confidence and competence in practical skills by working through a range of projects.

What activities will I do?

You will plan, design, make and evaluate a product.

Is this course for me?

- Yes, if you like designing creating products
- Yes, if you enjoy working with a range of materials in the Academy workshop
- Yes, if you want to learn how to use a range of tools and equipment

Where will it lead?

- Jobs in construction and home improvement sector
- Work in the ICT industry
- Opportunities with the Shaw trust
- Further carpentry and metal work qualifications
- Further CAD/CAM studies



What will I learn?

- Improved footballing ability
- Confidence to represent the Academy at a sporting event
- A range of performance skills
- Sports leadership
- How to live a healthy and active life

What activities will I do?

- Football
- A range of other team sports
- Taking part in sporting events
- Planning a sporting event
- Accessing leisure services in the community

Is this course for me?

- Yes, if you like taking part in team sports
- Yes, if you are interested in improving fitness
- Yes, if you have a positive attitude and a healthy competitive streak

Where will it lead?

- Jobs in teaching and coaching
- Work in gym and other leisure facilities
- Further sport and biology qualifications



What I will learn?

- Gardening and horticulture skills
- Getting to know woodlands
- Environmental awareness
- Developing confidence working with animals and animal care
- Enterprise skills

What activities will I do?

- Sowing and growing plants and vegetables from seed
- Caring for a range of small animals
- Visits to local nature attractions, garden centres and farms
- Gardening for local community groups
- Re-designing and maintaining the school woodland and garden areas

Is this course for me?

- Yes, if you like the outdoors
- Yes, if you are interested in the care of small animals
- Yes, if you love to see things grow into something beautiful
- Yes, if you are good with your hands

Where will it lead?

- Jobs related to gardening and horticulture
- Work looking after animals
- Further studies in land – based qualifications



OPTION FORM

NAME: _____ TUTOR GROUP: _____

Now for your decisions! Return this completed form to your Tutor by Monday 7th June 2021.

You need to choose 2 **different** option subjects. Place one tick in Choice A and one in Choice B.

Please place an R in one other subject as a reserve choice.

| Column A | Choice A | Column B | Choice B |
|-----------------------------|----------|-----------------------------|----------|
| Adventure | | Adventure | |
| Photography (Digital Media) | | Photography (Digital Media) | |
| Hair and Beauty | | Land Based Studies | |
| Food, Drink and Hospitality | | Food, Drink and Hospitality | |
| Product Design | | Product Design | |
| Performing Arts | | Sport, Health & Fitness | |
| Computing | | Computing | |

SIGNED _____ (STUDENT)

SIGNED _____ (PARENT)

SIGNED _____ (TUTOR)

DATE COMPLETED: _____