

## Does your child experience challenges with sleep?

Are they between the ages of 2½ and 18?

## Have they been identified by a professional as having an additional health or development need?

If you answered yes to those questions, then the Tees Valley Sleep Services is here to support you.

Using a tiered approach we can provide telephone support and resources, sleep workshops and bespoke 1:1 sleep assessments.

Find out more by heading to https://teesvalleysleepservice.co.uk/



For more information, please contact:

The Family Support Team 01642 531248 / sleepservice@daisychainproject.co.uk

OR

Your local 0 to 19 Service or Health Visiting/School Nursing Team.

















