



Abbey Hill School Menu

Weekly Menu 3

14th September, 12th October, 16th November & 14th December, 2020

Dish	Day 1	Day 2	Day 3	Day 4	Day 5
Main	Chicken Curry & Garlic Naan Bread or Diced Quorn Curry & Garlic Naan Bread (V)	Lasagne & Homemade Garlic Bread or Quorn Lasagne & Homemade Garlic Bread (V)	Pork Goulash & Rice or Diced Quorn Goulash & Rice (V)	Roast Turkey with Sage & Onion Stuffing Cheese & Vegetable Bake (V)	Fish Goujons
	Homemade Quiche (V)	Homemade Quiche (V)	Homemade Quiche (V)	Homemade Quiche (V)	Homemade Quiche (V)
	Pork & Carrot Meatballs in Tomato Sauce Variety of Sandwiches	Salmon & Sweet Potato Fishcake Variety of Sandwiches	Margarita Pizza (V) Variety of Sandwiches	Jacket Potato filled with:- Tuna, Cheese (V) or Baked Beans (V) Variety of Sandwiches	Baked Cheese & Onion Rolls (V) Variety of Sandwiches
Potatoes & Vegetables	Hot Rice Oven Baked Jacket Potatoes Mixed Vegetables/Green Beans Spaghetti Hoops	Creamed Potatoes Oven Roasted Potatoes Garden Peas/Sweetcorn Baked Beans	Baby Boiled Potatoes Creamed Potatoes Cabbage Swede	Creamed Potatoes Oven Roasted Potatoes Broccoli/Diced Carrots Spaghetti Hoops	Oven Baked Chips Duchess Potatoes Garden Peas Spaghetti Hoops
Desserts	Jam Sponge with Custard Sauce Cold Bar Fresh Fruit Platter	Creamy Rice Pudding with Peaches Cold Bar Melon Boat	Mixed Fruit Pie with Custard Sauce Cold Bar Grape & Strawberry Pots	Vanilla Sponge with Custard Sauce Cold Bar Fresh Fruit Bowl	Cornflake Tart with Custard Sauce Cold Bar Fresh Fruit Salad



For allergen information please ask a member of the Catering Team

Salad bar available daily

Fresh juice, milk & water served daily

Daily additional choice: Homemade biscuit & yoghurt